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SIS



Supportive "Intervention"

SERVICES, LLC

"Enhancing the Quality of Life"

www.supportiveservicesllc.com

"Depression is soon to become the second leading cause of disability worldwide. It affects between 5% and 10% of individuals and is the third most common reason for consultation in primary care....but is suboptimally managed."

Collaborative care, that is, structured care involving a greater role of nonmedical specialists to augment primary care....is more effective than standard care in improving depression outcomes in the short and longer terms"

Gilbody S, Bower P, Fletcher J, Richards D, Sutton AJ. Collaborative Care for Depression A Cumulative Meta-analysis and Review of Longer-term Outcomes. *Arch Intern Med.* 2006;166(21):2314-2321. doi:10.1001/archinte.166.21.2314

Philosophy

Supportive Intervention Services, LLC embraces the philosophy to provide efficient support to promote stability through effective services tailored for individuals suffering from mental illnesses.

We are easily accessible, located in the Stratford Professional Building on Forest Hill Avenue in Richmond, Virginia. Our Address is:

SIS



Phone: 804.330.0310

Fax: 804.330.0312

admin@supportiveservicesllc.com

6740 Forest Hill Avenue,
Suite 202
Richmond, Virginia 23225

Services

- *Anger Management
- *Behavioral Management
- *Budgeting and Financial Planning Assistance
- *Case Management
- *Community Resource Linkage
- *Communication Skills Building
- *Conflict Resolution
- *Coping Skills Building
- *Crisis Intervention Services
- *Effective Discipline Training
- *Medication Management Skills
- *Parenting Education/Skills
 - *Social Skills Building
 - *Stress Management



"I'd learned enough from life's experiences to understand that destiny's interventions can sometimes be read as invitation for us to address and even surmount our biggest fears."

– Elizabeth Gilbert

Someone who is struggling to stabilize their mental illness could use support in their efforts. Here is a list of warning signs that could indicate that you or someone you love may be in need of help:

- *Difficulty establishing relationships
- *Difficulty coping with their mental illness
 - *Neglecting medical needs
- *Inability to control anger and/or frustration
- *Inability to obtain or maintain a job
 - *Struggling with their ability to properly parent their children

Mission

Supportive Intervention Services, LLC aims to promote positive mental health and to actively support individuals with mental illnesses, to enhance the quality of life.

- *Worry about being harmed, hurting others or doing something "bad"
- *Using alcohol or other drugs to coping with mental illness
- *Criminal activity of multiple contacts with the court system
- *Displays severe isolation from others
- *Difficulty communicating with others