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Someone who is struggling to stabilize their mental illness could use support in their efforts. Here is a list of warning signs that could indicate that you or someone you love may be in need of help:

- ◆ Difficulty establishing relationships
- ◆ Difficulty coping with their mental illness
- ◆ Neglecting medical needs
- ◆ Inability to control anger and/or frustration
- ◆ Inability to obtain or maintain a job
- ◆ Struggling with their ability to properly parent their children
- ◆ Worry about being harmed, hurting others or doing something “bad”
- ◆ Using alcohol or other drugs to coping with mental illness
- ◆ Criminal activity of multiple contacts with the court system
- ◆ Displays severe isolation from others
- ◆ Difficulty communicating with others



**We are easily accessible, located in the Heritage Junction Office Park on Forest Hill Avenue in Richmond, Virginia. Our Address is:**

Supportive Intervention Services, LLC.

6946 Forest Hill Avenue

Richmond, Virginia 23225

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*Supportive Intervention  
Services, LLC*



*Enhancing the Quality of Life*

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## *Mission Statement*

Supportive Intervention Services, LLC aims to promote positive mental health and to actively support individuals with mental illnesses, to enhance the quality of life.

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## *Philosophy*

Supportive Intervention Services, LLC embraces the philosophy to provide efficient support to promote stability through effective services tailored for individuals suffering from mental illnesses.

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## *Services*

- ❖ Anger Management
  - ❖ Behavioral Management
  - ❖ Budgeting and Financial Planning Assistance
    - ❖ Case Management
  - ❖ Community Resource Linkage
  - ❖ Communication Skills Building
    - ❖ Conflict Resolution
    - ❖ Coping Skills Building
  - ❖ Crisis Intervention Services
  - ❖ Effective Discipline Training
  - ❖ Medication Management Skills
    - ❖ Parenting Education/Skills
    - ❖ Social Skills Building
    - ❖ Stress Management
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